

## List of Businesses and **Services** available in Henfield as at Monday 16<sup>th</sup> November 2020

Business Name	Phone	Email	Local Website	Facebook Page	Delivery	Phone /Email Orders	Opening Hours
Bakehouse76	01273 499697	<a href="mailto:bakehouse76@gmail.com">bakehouse76@gmail.com</a>		<a href="https://www.facebook.com/Bakehouse76-105208304545003">www.facebook.com/Bakehouse76-105208304545003</a>	No	Yes	Mon-Fri 9am-2pm. Bakery with basic essentials also available. 16/17 Henfield Business Park.
<b>The Brzeski Clinic</b>	07872 643644	<a href="mailto:thebrzeskiclinc@gmail.com">thebrzeskiclinc@gmail.com</a>	<a href="http://www.madeleinebrzeski.org">www.madeleinebrzeski.org</a>		N/A	Yes	Open Tue, Thu
Budgens	01273 492750	-	<a href="http://www.budgens.co.uk/our-stores/henfield">www.budgens.co.uk/our-stores/henfield</a>	<a href="https://www.facebook.com/KnightsBudgens">www.facebook.com/KnightsBudgens</a>	No	No	Mon-Sat 7am-9pm, Sun 10am-4pm.
The Bull Inn	01273 492232	<a href="mailto:info@thebullinhenfield.co.uk">info@thebullinhenfield.co.uk</a>	<a href="http://www.thebullinhenfield.co.uk">www.thebullinhenfield.co.uk</a>	<a href="https://www.facebook.com/Thebullhenfield">www.facebook.com/Thebullhenfield</a>	No	Yes	Mon-Sun 4pm-8pm. Takeaway Pizzas & burgers.
Christina's Tea Room & Gift Shop	01273 494305	<a href="mailto:christinasofhenfield@gmail.com">christinasofhenfield@gmail.com</a>	-	<a href="https://www.facebook.com/christinasafternoontea">www.facebook.com/christinasafternoontea</a>	Yes	Yes	Afternoon Tea - Order by phone, email or FB message, Tue-Sat 10am-1pm. Giftware can also be ordered. Collect or delivery.
Cornerweighs	01273 492794	<a href="mailto:cornerweighs@aol.com">cornerweighs@aol.com</a>	<a href="http://www.cornerweighs.com">www.cornerweighs.com</a>	<a href="https://www.facebook.com/cornerweighs">www.facebook.com/cornerweighs</a>	Yes	Yes	Mon-Fri 9.30am-5pm except Wed 9.30am-1.30pm, Sat 9.30am-4pm. Delivery when possible.
The Elegant Feast	07394 170135	<a href="mailto:zoe@theelegantfeast.co.uk">zoe@theelegantfeast.co.uk</a>	<a href="http://www.theelegantfeast.co.uk">www.theelegantfeast.co.uk</a>	<a href="https://www.facebook.com/pg/theelegantfeast">www.facebook.com/pg/theelegantfeast</a>	Yes	Yes	Order by Fri, delivery following Tue, Wed, Thu.
Firlands Cafe	01273 494009			<a href="https://www.facebook.com/Firlands-Cafe-302248530297440">www.facebook.com/Firlands-Cafe-302248530297440</a>	No	Yes	Mon-Fri 7.30am-1.30pm. Takeaway only. Pre ordering preferred. Firlands Business Park.
The George	01273 492296	<a href="mailto:bookings@georgehotelhenfield.co.uk">bookings@georgehotelhenfield.co.uk</a>	<a href="http://georgehotelhenfield.co.uk">georgehotelhenfield.co.uk</a>	<a href="https://www.facebook.com/pg/Thegeorgehenfield">www.facebook.com/pg/Thegeorgehenfield</a>	Yes	Yes	Wed-Sat 6pm-9pm, Sun 12pm-7pm. Takeaway & delivery.
Goodness Henfield	07535 285836	<a href="mailto:goodnesshenfield@outlook.com">goodnesshenfield@outlook.com</a>	-	<a href="https://www.facebook.com/goodnesshenfield">www.facebook.com/goodnesshenfield</a>	Yes	Yes	Mon-Sat 9.30am-2pm. Pre-order if possible. Takeaway & local delivery on orders over £10.
Hamfelds	01273 492388	<a href="mailto:hamfeldshenfield@gmail.com">hamfeldshenfield@gmail.com</a>	<a href="http://www.hamfeldshardwarestore.co.uk">www.hamfeldshardwarestore.co.uk</a>	<a href="https://www.facebook.com/hamfelds">www.facebook.com/hamfelds</a>	Yes	No	Mon-Sat 9am-5pm, Sun 10am-2pm.
<b>Hawthorn Vets Henfield</b>	01273 495227	<a href="mailto:reception@hawthornvets.co.uk">reception@hawthornvets.co.uk</a>	<a href="http://www.hawthornvets.co.uk">www.hawthornvets.co.uk</a>	<a href="https://www.facebook.com/hawthornvets">www.facebook.com/hawthornvets</a>	Yes	Yes	Mon-Fri 8.30am-7pm, Sat 8.30am-3pm. PG practice also open. By appt only.
Henfield Haven	01273 494747	<a href="mailto:haven@henfieldhub.com">haven@henfieldhub.com</a>		<a href="https://www.facebook.com/henfieldhaven">www.facebook.com/henfieldhaven</a>	Yes	Yes	Mon-Fri 10am-3pm. Takeaway & delivery of hot meals and snacks. Call or check FB for daily specials.

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Business Name	Phone	Email	Local Website	Facebook Page	Delivery	Phone /Email Orders	Opening Hours
Henfield Dental	01273 492228	<a href="mailto:henfielddental-rec@mydentist.co.uk">henfielddental-rec@mydentist.co.uk</a>	<a href="http://www.mydentist.co.uk/dentists/practices/england/south-east-england/sussex/high-dene">www.mydentist.co.uk/dentists/practices/england/south-east-england/sussex/high-dene</a>	<a href="https://www.facebook.com/henfieldmydentist">www.facebook.com/henfieldmydentist</a>	N/A	Yes	Mon-Thu 9am-6pm, Fri 9am-5pm
Henfield Helpline	01273 494420	<a href="mailto:helpline@henfieldhub.com">helpline@henfieldhub.com</a>			Yes	Yes	Mon-Fri 10am-4pm
Henfield Chiropractic Clinic	01273 494680	<a href="mailto:reception@henfieldchiroclinic.co.uk">reception@henfieldchiroclinic.co.uk</a>	<a href="http://www.henfieldchiroclinic.co.uk/">http://www.henfieldchiroclinic.co.uk/</a>	<a href="https://www.facebook.com/Henfield-Chiropractic-Clinic-112349020256091">www.facebook.com/Henfield-Chiropractic-Clinic-112349020256091</a>	N/A	Yes	Mon 2pm-7.30pm, Tue, Fri 10am-2pm
Henfield Home Checks	01273 492629 07380 667432	<a href="mailto:hello@henfieldhomechecks.co.uk">hello@henfieldhomechecks.co.uk</a>	<a href="http://henfieldhomechecks.co.uk/">henfieldhomechecks.co.uk/</a>	<a href="https://www.facebook.com/Henfieldchecks">www.facebook.com/Henfieldchecks</a>	Yes	Yes	Available 24/7 at any time. Delivering Haven meals & helping vulnerable people.
Henfield Post Office	01273 492005	-	<a href="http://www.postoffice.co.uk/branch-finder/0779075/henfield">www.postoffice.co.uk/branch-finder/0779075/henfield</a>	-	No	No	Mon-Fri 9am-5.30pm, Sat 9am-12.30pm. Curries order Fri for Sat, collect from Small Dole shop.
Hobbs of Henfield	01273 494387	-	-		No	No	Mon-Wed 10am-7pm, Thu-Sat 10-8pm, Sun 11-7pm. Basic essentials also available.
Iberica Spanish Food	01273 590282	<a href="mailto:info@ibericafoods.com">info@ibericafoods.com</a>	<a href="http://www.ibericafood.com">www.ibericafood.com</a>	<a href="https://www.facebook.com/IbericaFood">www.facebook.com/IbericaFood</a>	Yes	Yes	Mon-Fri 9am-5pm.
Jeremy's	01273 495799	-	-	<a href="https://www.facebook.com/jeremysofhenfield">www.facebook.com/jeremysofhenfield</a>	No	Yes	Mon-Sat 8am-4pm. Sun CLOSED.
Jeremy's 2	01403 865523	-	-	<a href="https://www.facebook.com/jeremystwocowfold">www.facebook.com/jeremystwocowfold</a>	Yes	Yes	Mon-Sat 8am-5pm, Sun 9.30am-1pm. Home deliveries available.
Kebab Knight	01273 491667	-	-	<a href="https://www.facebook.com/KebabKnightHenfield">www.facebook.com/KebabKnightHenfield</a>	Yes	Yes	Mon-Sat 4.30pm-11.30pm, Sun 5pm-11pm
King Fish	01273 495546	-	-	-	No	Yes	Mon-Sat 12pm-9.30pm
Little India	01273 494767	-	<a href="http://littleindiabr.tumblr.com">littleindiabr.tumblr.com</a>	<a href="https://www.facebook.com/littleindiabr">www.facebook.com/littleindiabr</a>	No	Yes	Wed-Sun 6pm-9pm. Takeaway only.
Lloyds Pharmacy	01273 492030	-	<a href="http://www.lloydspharmacy.com">www.lloydspharmacy.com</a>	-	Yes	No	Mon-Fri 8.30am-7pm, Sat 9am-5pm
London House	01273 493433	-	-	-	Yes	Yes	Mon-Thu 5pm-9pm, Fri-Sat 5pm-9.30pm

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Nutritious Fish	07496 852133	<a href="mailto:hello@nutritiousfish.co.uk">hello@nutritiousfish.co.uk</a>	<a href="http://www.nutritiousfish.co.uk">www.nutritiousfish.co.uk</a>	<a href="https://www.facebook.com/NutritiousFish">www.facebook.com/NutritiousFish</a>	Yes	Yes	Thu, Fri – Pre order for home delivery.
<b>Mallards Dental Practice</b>	01273 495966	<a href="mailto:enquiries@mallardsdental.co.uk">enquiries@mallardsdental.co.uk</a>	<a href="http://mallardsdental.co.uk">mallardsdental.co.uk</a>	<a href="https://www.facebook.com/Mallards-Dental-Practice-228987151057390">www.facebook.com/Mallards-Dental-Practice-228987151057390</a>	N/A	Yes	Mon 8.30am-7pm, Tue, Wed 8.30am-5.30pm, Thu, Fri 8.45am-5.30pm
Oggies Wood Fired Pizza Co	07753 858242	–	<a href="http://www.oggieswoodfiredpizza.co.uk">www.oggieswoodfiredpizza.co.uk</a>	<a href="https://www.facebook.com/Oggies-Wood-Fired-Pizza-Co-1183824328296621">www.facebook.com/Oggies-Wood-Fired-Pizza-Co-1183824328296621</a>	No	Yes	Thu 5pm-7pm, outside the Old Railway Pub.
One Stop	01273 495824	–	<a href="http://www.onestop.co.uk/store/?store=bn59hp">www.onestop.co.uk/store/?store=bn59hp</a>	<a href="https://www.facebook.com/OneStopHenfield968">www.facebook.com/OneStopHenfield968</a>	No	No	Mon-Sun 7am-9pm
The Pizza Oven	07769 155057	<a href="mailto:booking@thepizzaoven.co.uk">booking@thepizzaoven.co.uk</a>	<a href="http://www.thepizzaoven.co.uk">www.thepizzaoven.co.uk</a>	<a href="https://www.facebook.com/ThePizzaOven">www.facebook.com/ThePizzaOven</a>	Yes	Yes	Tue 5.45pm-8.45pm, next to Setyres, High St. Also, some fresh produce. Pre order if possible. Delivery when possible.
The Plough	01273 492280	<a href="mailto:theploughofhenfield@outlook.com">theploughofhenfield@outlook.com</a>	<a href="http://www.theploughofhenfield.com">www.theploughofhenfield.com</a>	<a href="https://www.facebook.com/ThePloughofHenfield">www.facebook.com/ThePloughofHenfield</a>	Yes	Yes	Mon-Fri 5pm-9pm, Sat 12pm-9pm, Sun 12pm-7pm. Takeaway & delivery.
Post House Cafe	01273 491040	<a href="mailto:oliver@posthousecafe.co.uk">oliver@posthousecafe.co.uk</a>		<a href="https://www.facebook.com/Post-house-cafe-109516283796654">www.facebook.com/Post-house-cafe-109516283796654</a>	No	No	Mon–Sun 9am-3pm. Takeaway service.
<b>Physiofit</b>	01273 590307	<a href="mailto:physiofitgb@gmail.com">physiofitgb@gmail.com</a>	<a href="http://www.physiofitgb.com">www.physiofitgb.com</a>	<a href="https://www.facebook.com/PhysiofitGB">www.facebook.com/PhysiofitGB</a>	N/A	N/A	Call for appt.
The Old Railway	01273 492509	<a href="mailto:theoldrailwayhenfield@outlook.com">theoldrailwayhenfield@outlook.com</a>		<a href="https://www.facebook.com/theoldrailwayhenfield">www.facebook.com/theoldrailwayhenfield</a>	No	No	Mon-Sun from 9am. Time of closure weather dependant. Takeaway snacks from Sidings Kiosk.
Relish	01273 495551	–	<a href="http://www.relishthegoodlife.co.uk">www.relishthegoodlife.co.uk</a>	<a href="https://www.facebook.com/relishthegoodlife">www.facebook.com/relishthegoodlife</a>	Yes	Yes	Mon-Sat 8.30am-4pm. Sun CLOSED. Takeaway and delivery of cooked and frozen meals.
Rushfields Farm Shop	01273 850015	<a href="mailto:farmshop@rushfields.com">farmshop@rushfields.com</a>	<a href="http://www.rushfields.com/farm-shop">www.rushfields.com/farm-shop</a>	<a href="https://www.facebook.com/Rushfields-Farm-Shop-236740146359166">www.facebook.com/Rushfields-Farm-Shop-236740146359166</a>	Yes	Yes	Tue-Sun 8.30am--5.30pm. Mon CLOSED. Order for collection on dedicated line 01273 850011.
Rushfields Plant Centre	01273 858445		<a href="http://www.rushfields.com">www.rushfields.com</a>	<a href="https://www.facebook.com/Rushfields">www.facebook.com/Rushfields</a>	Yes	Yes	Tue-Sun 9am--5.30pm. Mon CLOSED.
R&H Pet Supplies	01273 495937	–	–	–	Yes	Yes	Mon-Fri-Sat 9am-5pm. Thurs CLOSED.
Shell Garage & Shop	01273 493730	–	<a href="http://find.shell.com/gb/fuel/10019506-shell-henfield">find.shell.com/gb/fuel/10019506-shell-henfield</a>	–	No	No	Mon-Fri 6am-9pm, Sat-Sun 7am-9pm

## List of Businesses and **Services** available in Henfield as at Monday 16<sup>th</sup> November 2020

Business Name	Phone	Email	Local Website	Facebook Page	Delivery	Phone /Email Orders	Opening Hours
Small Dole PO & Shop	01273 492024				No	Yes	PO: Mon-Fri 8am-8pm, Sat 8am-1pm Shop: Mon-Sat 6am-8pm, Sun 7am-1.30pm. Takeaway curries, order Fri for Sat collection.
South Downs Butchery	01273 492555			<a href="http://www.facebook.com/southdownsbutchery">www.facebook.com/southdownsbutchery</a>	Yes	Yes	Tue-Fri 8.30am-5.30pm, Sat 8.30am-3pm
<b>South Downs Osteopathy</b>	07986 460784	<a href="mailto:ross@southdowns-osteopathy.co.uk">ross@southdowns-osteopathy.co.uk</a>	<a href="http://www.southdowns-osteopathy.co.uk/">http://www.southdowns-osteopathy.co.uk/</a>		N/A	Yes	Tue 1pm-4pm, Henfield Haven. Call to book
Stokes	07955 744520	–	–	<a href="http://www.facebook.com/Stokes-of-Henfield-740966782680356">www.facebook.com/Stokes-of-Henfield-740966782680356</a>	Yes	Yes	Open Sat, Sun, check FB page for details. Deliveries during the week.
Swains Farm Shop & Plant Centre	01273 494582	<a href="mailto:info@swainsfarmshop.co.uk">info@swainsfarmshop.co.uk</a>	<a href="http://www.swainsfarmshop.co.uk">www.swainsfarmshop.co.uk</a>	<a href="http://www.facebook.com/swainsfarmshop">www.facebook.com/swainsfarmshop</a>	No	No	Mon-Sat 8am-6pm; Sun 9am-4pm.
Truffles	01273 494469	<a href="mailto:info@trufflesbakery.co.uk">info@trufflesbakery.co.uk</a> <b>OR</b> <a href="mailto:daisy@trufflesbakery.co.uk">daisy@trufflesbakery.co.uk</a>	<a href="http://www.trufflesbakery.co.uk">www.trufflesbakery.co.uk</a>	<a href="http://www.facebook.com/trufflesbakery">www.facebook.com/trufflesbakery</a>	Yes	Yes	Mon-Sat 7.30am-3pm. Home delivery service Tue, Wed, Fri. Online order form available. Currently no mobile shops.
Vesney & Sons Fish Van	01242 822946	<a href="mailto:vesneyandsons@hotmail.com">vesneyandsons@hotmail.com</a>	<a href="http://www.veaseyandsons.com">www.veaseyandsons.com</a>	<a href="http://www.facebook.com/VeaseyAndSons">www.facebook.com/VeaseyAndSons</a>	No	Yes	Fri 10am-3pm, Rushfields car park.
The Wheatsheaf	01273 492077	<a href="mailto:thewheatsheafhenfield@gmail.com">thewheatsheafhenfield@gmail.com</a>	<a href="http://www.thewheatsheafhenfield.co.uk">www.thewheatsheafhenfield.co.uk</a>	<a href="http://www.facebook.com/thewheatsheafhenfield">www.facebook.com/thewheatsheafhenfield</a>	Yes	Yes	Wed- Sat 5pm-9pm, Sun 12pm-5pm. Menu on FB. Order by phone. Delivery to BN5 area.